

Introduction

It is widely recognised that people tend to function more effectively as members of work teams, rather than as isolated individuals.

Aim

To improve the effectiveness of team members and leaders in working together.

Course Content

- Definition of a team
- Staff / Management theory
- Work groups v work teams
- High performance v ineffective teams
- Team building practical exercises
- Leadership
- 4 stages of team development
- Behavioural styles
- Team charter
- Task, team and individual functions

Outcomes

Delegates will understand:

- the difference between teams and work groups
- team synergy
- how to develop a team
- the dynamics of a good team
- how to make an ineffective team successful
- how to work with the different behavioural styles within a team
- how to work with team members to overcome conflict
- how to develop team leader skills

Suitable for: Anyone working in an environment where teamwork is required.

Prior Knowledge/training: None required

Course Duration: 1 day

Numbers: Minimum 6, Maximum 12

